

## UNIVERSAL HUMAN VALUES - II

### Course Objectives:

1. To help the students appreciate the essential complementarity between 'VALUES' and 'SKILLS' to ensure sustained happiness and prosperity which are the core aspirations of all human beings
2. To facilitate the development of a Holistic perspective among students towards life and profession as well as towards happiness and prosperity based on a correct understanding of the Human reality and the rest of existence. Such a holistic perspective forms the basis of Universal Human Values and movement towards value-based living in a natural way
3. To highlight plausible implications of such a Holistic understanding in terms of ethical human conduct, trustful and mutually fulfilling human behaviour and mutually enriching interaction with Nature.

| Course Code | Course Title                | Teaching Scheme |   |   | Examination Scheme |      |               |              |             |
|-------------|-----------------------------|-----------------|---|---|--------------------|------|---------------|--------------|-------------|
|             |                             | L               | T | P | CA-1               | CA-2 | Mid Term Test | End Sem Exam | Total Marks |
|             | UNIVERSAL HUMAN VALUES - II | 3               | 0 | 0 | 10                 | 10   | 20            | 60           | 100         |

**Syllabus:****Module 1 – Introduction to Value Education**

- Understanding Value Education
- Self-exploration as the Process for Value Education
- Continuous Happiness and Prosperity – the Basic Human Aspirations
- Right Understanding, Relationship and Physical Facility
- Happiness and Prosperity – Current Scenario
- Method to Fulfill the Basic Human Aspirations

**Module 2 – Harmony in the Human Being**

- Understanding Human being as the Co-existence of the Self and the Body
- Distinguishing between the Needs of the Self and the Body
- The Body as an Instrument of the Self
- Understanding Harmony in the Self
- Harmony of the Self with the Body
- Programme to Ensure self-regulation and Health

**Module 3 – Harmony in the Family and Society**

- Harmony in the Family – the Basic Unit of Human Interaction
- Values in Human-to-Human Relationship
- 'Trust' – the Foundational Value in Relationship
- 'Respect' – as the Right Evaluation
- Understanding Harmony in the Society
- Vision for the Universal Human Order

**Module 4 – Harmony in the Nature (Existence)**

- Understanding Harmony in the Nature
- Interconnectedness, self-regulation and Mutual Fulfilment among the Four Orders of Nature
- Realizing Existence as Co-existence at All Levels
- The Holistic Perception of Harmony in Existence

**Module 5 – Implications of the Holistic Understanding – a Look at Professional Ethics**

- Natural Acceptance of Human Values
- Definitiveness of (Ethical) Human Conduct
- A Basis for Humanistic Education, Humanistic Constitution and Universal Human Order
- Competence in Professional Ethics
- Holistic Technologies, Production Systems and Management Models-Typical Case Studies
- Strategies for Transition towards Value-based Life and Profession

**READINGS:**

Text Book and Teachers Manual

a. The Textbook

*A Foundation Course in Human Values and Professional Ethics*, R R Gaur, R Asthana, G P Bagaria, 2<sup>nd</sup> Revised Edition, Excel Books, New Delhi, 2019. ISBN 978-93-87034-47-1

b. The Teacher's Manual

Teachers' Manual for *A Foundation Course in Human Values and Professional Ethics*, R R Gaur, R Asthana, G P Bagaria, 2<sup>nd</sup> Revised Edition, Excel Books, New Delhi, 2019. ISBN 978-93-87034-53-2

### **3.2 Reference Books**

1. Jeevan Vidya: Ek Parichaya, A Nagaraj, Jeevan Vidya Prakashan, Amarkantak, 1999.
2. Human Values, A.N. Tripathi, New Age Intl. Publishers, New Delhi, 2004.
3. The Story of Stuff (Book).
4. The Story of My Experiments with Truth - by Mohandas Karamchand Gandhi
5. Small is Beautiful - E. F Schumacher.
6. Slow is Beautiful - Cecile Andrews
7. Economy of Permanence - J C Kumarappa
8. Bharat Mein Angreji Raj – Pandit Sunderlal
9. Rediscovering India - by Dharampal
10. Hind Swaraj or Indian Home Rule - by Mohandas K. Gandhi
11. India Wins Freedom - Maulana Abdul Kalam Azad
12. Vivekananda - Romain Rolland (English)
13. Gandhi - Romain Rolland (English)